



Unlike most yoga systems, Shugendo Yoga melds the spiritual and healing of yoga into a simple, yet complete system that is adaptable for all. Designed by a practicing Registered Nurse for over a quarter of a century who happens to also be a healing arts practitioner, martial artist, yoga practitioner, and shaman; this yoga system is both practical and effective.

Each 50 minute session is geared toward a particular dis-ease (ie carpal tunnel, depression, fibromyalgia, back pain, ect) and includes mantra, healing work like shiatsu, yoga asana, qigong, and meditation all designed and implemented to bring back balance into the body. [www.ShugendoYoga.com](http://www.ShugendoYoga.com)

Shugendo Yoga has been acknowledged by the World Yoga Hall of Fame noting its effectiveness and has been featured in Scotland Connections Magazine, Herbal Path Monthly Newsletter (Dover, NH) and Inner Tapestry Magazine.

Those that should take Shugendo Yoga Teacher Training:

- \*Yoga instructors desiring to add a new spiritual or healing path for all persons
- \*Martial Arts Instructors wishing to add a deep healing modality to their schools
- \*Individuals searching for a deeper life path, wishing to share that vision with others
- \*Nurses, Therapists, Doctors, Reiki Practitioners, Massage Therapists, Counselors, Acupuncturists, Ministers who wish to bring a new modality of total body healing that is safe, effective, and self regulating to their practice.

**Space is limited and we expect to fill up. Sign up now and be a pioneer in brining Shugendo Yoga to your community!**



ANNOUNCING – The North American

# SHUGENDO YOGA

## Teacher Training Certification Intensive

red/orange level (level 1-2)

in Providence, Rhode Island

**Instructors:** Rick Wilmott, Master Instructor of Shugendo Yoga and co-founder SYKI.

Chris Bashaw, Founder/Creator of Shugendo Yoga and co-founder SYKI.

[www.ShugendoYoga.com](http://www.ShugendoYoga.com)

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Full Teacher certification at "SENSEI" or Yellow level (level 3).

This is a comprehensive Yoga Instructor Training, designed in accordance with the requirements set by the Shugendo Yoga Kai International (SYKI) for 200 hour training, is being offered in North America for the first time . At the end of the course you will be a Certified Yoga Instructor, eligible to register with Shugendo Yoga Kai International, simply by sending in a copy of your certificate. Upon completion you will be qualified to teach Shugendo Yoga in accordance with the SYKI.

Dates: Participants must attend all levels for Teacher Certification

RED/ORANGE LEVEL (APPRENTICE/ ASSISTANT Instructor) June 24-26, 2011 Email for pricing

YELLOW LEVEL A (Certified Instructor part 1) October 14-16, 2011

KRR Training (ENERGY TRAINING) August 13-14, 2011

YELLOW LEVEL B (Certified Instructor part 2) Schedule TBD

NOTE: Additional correspondence training included between sessions.

NO EXPERIENCE NECESSARY...

Email: [Namaste@ShugendoYoga.com](mailto:Namaste@ShugendoYoga.com)